

## TABLE OF CONTENTS

PREFACE AND ACKNOWLEDGEMENTS .....	1
------------------------------------	---

### INTRODUCTION

I. The Position and Classification of Khra-’brug in the Tibetan Tradition .....	3
II. Sources and Subject Matter .....	6
II.1 Text A .....	6
II.2 Texts B – F .....	9
II.3 Appendices .....	10
III. Historico-geographical Delimitations .....	11
III.1 The Yar-lung and ’Phyong-po Districts and the Position of Khra-’brug in Lower Yar .....	11
III.2 The Royal Path: From Yar-lung over rGya-ma to lHa-sa .....	14
IV. Old Khra-’brug – Successive Phases of the Building History .....	15
V. Political and Religious Developments in the Yar-lung Area and their Reflection in the Temple History .....	22
V.1 The Centre of g.Yo-ru during the “Dark Period” and the Revenge of the Monk-Minister Bran-ka dPal gyi yon-tan .....	22
V.2 In the Service of the Temple – Historical Connections in the Post-imperial Period .....	25
V.2.1 The dGyer Lineage: Ancient Clan-historical Links to Khra-’brug .....	25
V.2.2 Cultic and Religious Re-occupations of the Temple in the 11 <sup>th</sup> and 12 <sup>th</sup> Century.....	27
V.2.3 rTse-tshogs-pa and the Establishment of other “Support Monasteries” in the Period of the Presence of the Sa-skyapa, dGe-lugs-pa and other Schools (13 <sup>th</sup> –16 <sup>th</sup> cent.) .....	29
V.2.4 The Temple in the Period of the “Precious Government” .....	33

### SOURCES FOR THE HISTORY OF KHRA-’BRUG

TEXT A [Khra-’brug gi gnas bshad] .....	41
[I] [Introductory Preamble] .....	41
[II] [King Srong-btsan sgam-po] .....	42
[III] [The Ra-sa ’Phrul-snang Temple and the Temples for Taming the Body and Limbs of the <i>srin</i> -Demoness] .....	48
[IV] [The Foundation of the Temple and the Discovery of the rGyal-ba rigs-lnga] .....	56
[IV.1] [The “Invitation” of the Sacred Statues from Khotan] .....	62
[V] [The Main Temple and its Principal Sacred Objects] .....	65
[V.1] [The dBang-stegs Platform] .....	66
[V.2] [The Speaking Tārā] .....	68
[V.3] [The Adjoining sGo-drug Ka-drug Temples] .....	69
[VI] [The Temples Outside sGo-drug Ka-drug] .....	77
[VII] [The mChod-rten dBu-lnga] .....	93
[VIII] [The Circumambulation] .....	96
[IX] [The 18 Sanctuaries of Yar-lung] .....	99
[X] [Concluding Verses] .....	113

<i>TEXT B</i> [Excerpt from <i>mKhas pa'i dga' ston</i> ]	
[Khra-'brug and the Other Taming Temples] .....	143
[I] [The Water Demon Klu-sbrul mGo-lnga] .....	143
[III] [The Main Temple or gTsang-khang] .....	144
[III] [The gTer-khang] .....	144
[IV] [The King's Encounter with the Monk at the mChod-rten rTse-lnga] .....	145
[V] [The Groups of the Taming Temples].....	146
<i>TEXT C</i> [Excerpt from <i>bKa' thang sde lnga</i> ]	
[The <i>gter ma</i> -s of the Khra-'brug lha-khang] .....	149
[I] [The lHa-khang 'og-ma] .....	149
[I.1] [The Large Cave] .....	150
[I.2] The Small Cave] .....	150
[II] [Inside the Main Chamber] .....	150
[III] [Treasuries of the gNod-sbyin-khang] .....	152
[IV] [The Opening of the Treasury] .....	153
<i>TEXT D</i> [Excerpt from <i>bKa' chems Ka khol ma</i> ]	
[Khra-'brug and the mChod-rten dBu-lnga] .....	155
<i>TEXT E</i>	
The Bell of Khra-'brug .....	159
<i>TEXT F</i>	
[Offering and Eulogy to Tshangs-pa – The Protector God of Khra-'brug ( <i>Tshangs pa mchod bstod</i> ): A Synopsis] .....	162
<b>APPENDICES</b>	
Appendix I	
The Tradition Concerning Tibet's First Royal Temples .....	171
(Per K. Sørensen and Guntram Hazod)	
I. The Lists of the Temples .....	172
I.1 "Tibet's Oldest Temple" – On the Chronology of the Jo-khang and Khra-'brug Foundations ..	172
I.2 The Groups of Temple Lists: Origins and Classification .....	178
I.2.1 The Anthropomorphized Tibet: The <i>srin mo gan rkyal du nyal ba</i> Metonym .....	179
I.2.2 Three Versions .....	181
I.3 Tables .....	184
II. The Supine Demoness Painting and its Religious Sites .....	201
II.1 Brief Description and the Question of its Dating .....	201
II.2 The 12 Temple Scheme in the Drawing .....	204
II.3 The Individual Toponyms .....	209
Appendix II	
The Falcon and the Lizard	
Yar-lung and the Cultic History of its Royal Temple, the "Thundering Falcon" .....	217
(Guntram Hazod)	
Introduction .....	217
PART 1: The Yar-lung House Before the "Tethering of Buddhism" .....	219
1. The Arrival of the Royal Ancestor and its Connection to the Local Historical Context .....	219
2. The Departure from Yar-lung and the Establishment of Royal Residences in the Central sKyid-chu Region .....	230

3. Configurations of Power: the “Mobile Centre” and the “Four Borders Design” of the Kingdom .....	236	
PART 2: Khra-’brug and the Local Historical and Mythological Context .....	249	
1. The Foundation Legend .....	249	
2. The <i>gter ma</i> Sites of the Temple and the House of the <i>klu</i> .....	255	
3. The Territorial Classification .....	259	
3.1 The Four Parts of Yar-mo and their Pre-Buddhist Associations .....	259	
3.2 The Position of the Temple in the Circle of the Yar-lung Sanctuaries .....	261	
3.3 The Khra-’brug <i>gnas srung ma</i> and their Place in the Landscape of Lower Yar .....	268	
3.4 The Four Families of Khra-’brug .....	272	
4. Tshangs-pa dkar-po and the Arrival of bSe-sku .....	274	
4.1 Tshangs-pa dkar-po Dung gi thor-tshugs-can .....	275	
4.2 The Scenario of the Origin of bSe-sku .....	280	
5. The Ritual of the “Flower Offering” .....	289	
6. Concluding Remarks: Yar-lung, Khra-’brug and the Origin of Bod .....	295	
 Appendix III (Tables)		
Table I: Yar-lung and Khra-’brug — A Short Chronology .....	308	
Table II: Genealogy of the Yar-lung Jo-bo (11–14 <sup>th</sup> Century) .....	314	
Table III: Foundations of Religious Settlements in Yar-lung and ’Phyong-po in the Period of the Early <i>phyi dar</i> (11 <sup>th</sup> cent.) .....	320	
 Appendix IV		
Architectural Documentation .....	324	
 FACSIMILE OF THE <i>GNAS BSHAD</i> ( <i>TEXT A</i> ) .....		335
 BIBLIOGRAPHY		
Abbreviations .....	357	
I. Tibetan Sources .....	359	
I. 1 Primary Sources .....	359	
I.2 Secondary Sources .....	372	
II. Chinese Sources .....	375	
III. European Language Sources .....	376	
 INDEX		
I. Tibetan Index .....	393	
I.1 Personal Names .....	393	
I.2 Place Names .....	406	
I. 3 Texts .....	422	
II. Sanskrit Index .....	422	
 LIST OF ILLUSTRATIONS		
List of Figures .....	427	
List of Maps and Diagrams .....	431	
DVD (Contents) .....	432	

